Recommended Gear List

Zip Line

Your harness and all technical equipment for Zip Lining are provided. Please bring the following with you:

- **Close-toed, sturdy shoes** such as sneakers or hiking boots. NO sandals, Crocs, or water shoes allowed
- **Long pants**, **Capris, or knee length shorts**
- **No baggy clothing** that could get tangled in the harness and gear
- **A shirt with a collar**, as the harness straps sit close to your neckline and can rub
- **Rain Gear** (we zip rain or shine)
- **A small camera** (must fit in a pocket and have a wrist strap)
- Please secure long hair in a ponytail and tape any body piercings
- Do not wear any dangly jewelry

Rock Climbing

Please wear comfortable clothing that you can easily move in. We recommend that you bring layers as it can be cold in the mornings or later in the afternoon. Bring comfortable shoes with good soles such as tennis shoes.